

The 8
Sabbats



YULE



Yule, also known as the Winter Solstice, typically falls on or around December 21st in the Northern Hemisphere. However, the exact date may vary slightly each year, depending on astronomical calculations and local traditions. In the Southern Hemisphere, Yule is celebrated around June 21st, marking the Winter Solstice for that region.



Themes & symbols

Hope: Symbolized by evergreen plants, representing optimism for the return of warmth and life.

Rebirth: Holly is often associated with rebirth and the resilience of life in winter.

Transformation: Mistletoe is believed to possess transformative and magical properties.

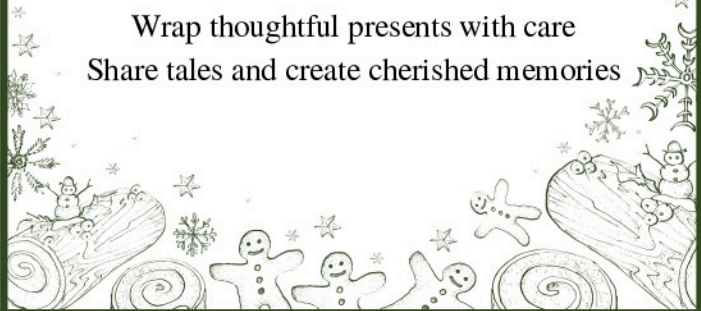
New Beginnings: Wreaths symbolize the cyclical nature of life and the start of a new year.

How to celebrate

Yule embodies the spirit of fresh starts and expressing gratitude for the year's blessings. It's a moment to reflect on the abundance in our lives and set intentions for the coming year.

Engage in these activities to embrace the Yule festivities:

- Ignite the Yule log's warmth
- Cherish moments with family
- Sing joyful carols together
- Adorn the tree with festive decor
- Wrap thoughtful presents with care
- Share tales and create cherished memories



ALTAR DECORATIONS

Jingle bells, glowing candles, mischievous elves, fragrant evergreen branches, twinkling lights, festive ornaments,

pine cones, dainty reindeer figurines, decorative wreaths,

the Yule log, and glistening snow water.

CORRESPONDENCE

Colors

Green, yellow, gold, red, silver, crimson, and white.

Crystals

Bloodstone, clear quartz, emerald, ruby, garnet, diamond, carnelian.

Animals

Bear, boar, deer, eagle, owl, tiger, wren, and reindeer.

Herbs

Chamomile, ivy, mistletoe, peppermint, rosemary, sage, cedar, cinnamon, clove, frankincense, juniper, myrrh, and orange.

Deities

Alcyone, Baldur, Bona Dea, Beira, Demeter, Dionysus, Frau Holle, Holly King, Horus, and Mithras.

SPELL & RITUAL IDEAS

Cleansing and warding for the new year, love spells, cord cutting, kitchen magic, self-love bath, happiness spells, bay leaf manifestation spells, shadow work, and inner child work.



IMBOLC



Imbolc in the Northern Hemisphere is celebrated on February 1st or 2nd. In the Southern Hemisphere, it falls on August 1st or 2nd, marking the midpoint between the winter solstice (Yule) and the spring equinox (Ostara).



Themes & symbols

Brigid's Cross

Conception: Snowflakes

Inspiration: Sheep

Rejuvenation: Sun wheels

Continuity: Willows

Hope: Evergreens

Growth: White flowers

Creativity: Ploughs

Serenity: Calming Waters

Abundance: Spring Harvest

How to celebrate

Imbolc signifies the arrival of spring and new beginnings. It's a time to release what no longer serves you and create space for new opportunities. Embrace the ever-evolving cycle of life and ready yourself for a rejuvenating start. Here are some activities to help you connect with the essence of Imbolc:

Engage in some spring cleaning

Bake fresh bread or a delicious cake

Craft or light candles

Create a Brigid Cross

Plant seeds and nurture your plants

Declutter and donate items you no longer need



ALTAR DECORATIONS

Brigid's Crosses, candles, sun wheels, evergreen needles, flowers, wool, grain, bread, snow water, sheep figurines, white flowers, corn dollies, spring wreaths, symbols of Brigid, cauldron, offering bowl, Imbolc feast, seasonal crafts.

CORRESPONDENCE

Colors:

Green, brown, red, white, pink, yellow, blue

Crystals:

Amethyst, bloodstone, garnet, onyx, ruby, turquoise, clear quartz

Animals:

Burrowing animals, bear, deer, groundhogs, lamb, sheep, cattle

Herbs:

Acorns, angelica, basil, bay, blackberry, chamomile, crocus, jasmine, lavender, rosemary, myrrh, agrimony

Deities:

Aradia, Aenghus, Aphrodite, Bast, Brigid, Ceres, Cerridwen, Eros, Faunus, Gaia, Hestia, Pan, Venus, Vesta

SPELL & RITUAL IDEAS

Home cleansing & refreshing wards, blessing & consecration of magical tools/workspaces, new beginnings spells, creativity spells, fertility spells, rituals to honor Brigid, animal magic.

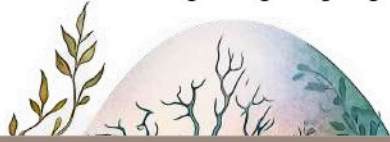




OSTARA



Ostara, also known as the Spring Equinox, occurs around March 20th or 21st in the Northern Hemisphere and around September 20th or 21st in the Southern Hemisphere. These dates may vary slightly each year, but they generally mark the beginning of spring in the Northern Hemisphere and the beginning of autumn in the Southern Hemisphere.



Themes & symbols

Abundance: Rabbits

Fertility: Eggs

Balance: Seeds

Duality: Wildflowers

New Life: Butterflies

Cycles: Bees

Manifestation: Chicks

Potential: Baskets

How to celebrate

Ostara is a time to celebrate the fruits of your labor and assess the balance in your life. It's an ideal moment to sow new seeds, initiate fresh projects, and acknowledge your untapped potential. Here are some activities to immerse yourself in the spirit of Ostara:

Decorate and dye eggs

Initiate a new endeavor or hobby

Engage in crafting or creative pursuits

Take a rejuvenating nature walk

Forage for seasonal treasures

Try your hand at basket weaving

ALTAR DECORATIONS

Baskets, twigs, rabbit figurines, cauldrons, ribbons, eggs, clovers, flowers, sprouting bulbs, butterfly figurines, and wish boxes.

Seeds ,Baby animals

Spring-themed decorations, Pastel-colored candles ,Chicks

CORRESPONDENCE

Colors:

pastels, gold, light green, blue, pink, yellow, white, spring colors

Crystals:

aquamarine, clear quartz, agate, jasper, moonstone, rose quartz

Animals:

butterflies, chicks, rabbits, lambs, robins, worms, deer

Herbs:

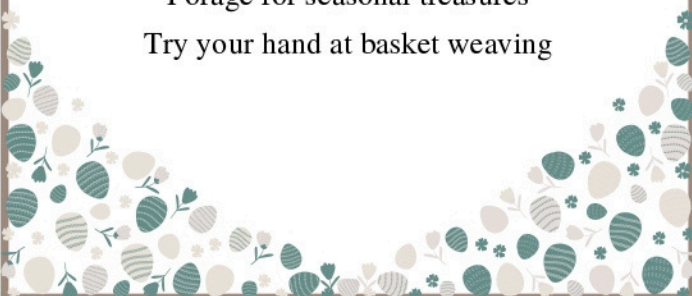
clover, crocus, daffodil, honeysuckle, iris, jasmine, lemon balm, lilac, lilies, mint, peonies, tulips, sandalwood, tangerine, ylang-ylang, geranium

Deities:

Ares, Aphrodite, Astarte, Aurora, Brigid, Cybele, Dionysus, Eostre, Freya, Idunna, Kore, Osiris, Ostara, Persephone, Venus

SPELL & RITUAL IDEAS

Fertility and love spells, cleansing, rituals to bring balance, creativity spells, money spells, shadow work, inner child work, herbal magic, kitchen magic, work with the fae.





BELTANE



Beltane is a vibrant and joyous celebration of fertility, love, and the blossoming of life. In the Northern Hemisphere, it falls on May 1st, while in the Southern Hemisphere, it occurs on November 1st. This ancient Celtic festival heralds the arrival of the warmer months and is often associated with the peak of spring or the onset of autumn, depending on your hemisphere.



Themes & symbols

Togetherness: Maypole

Love: Bonfires

Life: Fire

Abundance: Flowers

Passion: Wreathes

Sexuality: Cups

Companionship: Acorns

Nature: Twigs

How to celebrate

Beltane is a joyful celebration of life and its many pleasures. Embrace the opportunity to indulge in life's simple and delightful moments while shedding the burdens of modern life. Use this time to reconnect with your primal instincts and revel in the freedom of being alive. Here are some activities to help you embrace the spirit of Beltane:

Take a leisurely nature walk

Savor life's pleasures

Dance and sing with abandon

Craft beautiful flower crowns

Kindle a warming fire or a vibrant bonfire

Explore and promote sexual wellness



ALTAR DECORATIONS

Gathered treasures, blossoms, fragrant herbs, flickering candles, magical cauldrons, petite maypoles, whittled wands, fertile seeds, graceful antlers, handwoven baskets, enchanting wreaths, heartfelt love letters

CORRESPONDENCE

Colors:

Red ,White,Green,Bright blue,Pink,Yellow

Crystals:

Emerald ,Garnet,Malachite,Rose quartz
Tourmaline,Tiger's eye

Animals:

Bees ,Cats,Cattle ,Doves,Frogs
Goats,Rabbits,Swallows,Swans Leopards

Herbs:

Coriander ,Curry ,Crocus ,Daffodil
Dandelion ,Dragon's blood ,Fern
Flaxseed ,Hawthorn ,Nettle
Paprika ,Primrose

Deities:

Artemis ,Aphrodite ,Bacchus
Bes ,Brigid Cernunnos
Danu

SPELL & RITUAL IDEAS

*Make magical tools, protection magic,
love spells, fertility rituals, handfasting,
creativity spells, art magic,
fire magic, candle spells, sex magic,
prosperity rituals, self-love baths.*





LITHA



Litha, also known as the Summer Solstice, falls on different dates depending on whether you are in the Northern Hemisphere or the Southern Hemisphere. Northern Hemisphere: Litha is typically celebrated around June 20th to June 22nd. Southern Hemisphere: Litha is typically celebrated around December 20th to December 22nd.



Themes & symbols

Blessings: Light

Warmth: Joy

Celebration: Fulfillment

Abundance: Life

Fire: The Sun

Flowers: Oak

Seashells: Nature

Fireflies: Fruit

How to celebrate

Litha is a day of celebration in all its forms. Take a moment to reflect on the blessings you've received throughout the year and express your gratitude. Embrace the warmth of the sun while it shines brightly. Here are some activities to immerse yourself in the spirit of Litha:

Ignite a festive bonfire

Stay awake to witness the sunrise

Engage in a creative endeavor

Bask in the sun's soothing rays

Express your appreciation for those who've supported you

Cultivate an attitude of gratitude

ALTAR DECORATIONS

Sun and Moon Symbols Earth Symbols
Flowers Fruit Mirrors Seashells Sun Water
Candles Honey Alcohol Live Plants

CORRESPONDENCE

Colors:

blue, gold, green, red, white, yellow, orange

Crystals:

amber, carnelian, citrine, diamond, jade, lapis lazuli, tiger's

Animals:

bees, butterflies, cattle, horses, robins, sea creatures, snakes

Herbs:

basil, calendula, chamomile, heather, mugwort, wild thyme, peony, rose, daisy, sunflower, cedar, clove, mint, pine, sage

Deities:

Apollo, Ares, Aten, Belenus, Freya, Freyr, Frigg, Hathor, Hestia, Horus, Isis, Juno, Lugh, Ra, Sol, Sunna, Venus, Zeus

SPELL & RITUAL IDEAS

*Luck and prosperity spells,
strengthening relationship rituals,
cord-cutting, love magic, happiness
spells, good health spells, sex magic,
fire magic, candle spells, group magic.*





MABON



Mabon, also known as the Autumnal Equinox, typically falls around September 21st to 23rd in the Northern Hemisphere and around March 21st to 23rd in the Southern Hemisphere



Themes & symbols

Balance: Fallen leaves

Harmony: Pine cones

Gratitude: Gourds

Harvest: Apples

Fruitfulness: Cornucopias

Celebration: Pomegranates

Rest: Pumpkins

Abundance: Cauldrons

How to celebrate

Mabon captures the tranquil essence of autumn, as nature gracefully transitions towards winter. It's a moment to pause, contemplate the bountiful results of your efforts, and ready yourself for the approaching winter season. Here are some activities to immerse yourself in the spirit of Mabon:

Embark on a peaceful nature walk.

Delight in baking and savoring a hearty feast.

Bring order and clarity to your surroundings through decluttering.

Partake in the tradition of apple picking.

Meditate to find inner balance.

Express your thoughts and creativity through journaling or crafting.



ALTAR DECORATIONS

autumn harvest foods,
foraged leaves & twigs,
candles, late blooming flowers, dried corn,
corn husk dolls, baskets

CORRESPONDENCE

Colors:
brown, gold, orange, red, yellow,
green

Crystals:
amber, citrine, cat's eye, lapis lazuli,
sapphire, yellow agate

Animals:
eagle, blackbird, owl, salmon, stag,
wild goose, wolf, crow

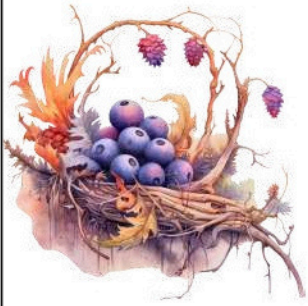
Herbs:
bittersweet, chamomile,
marigold, rue, sage, yarrow, cinnamon, myrrh,
frankincense,
elderflower, pine, hawthorn, nettle, calendula

Deities:
Artemis, Bacchus, Ceres, Cernunnos, Demeter, Diana,
Freya, The Horned God, Mabon, Odin, Pan, Persephone,

SPELL & RITUAL IDEAS

*Balance rituals, cleansing & banishing,
refresh your wards, mirror scrying,
meditation, automatic writing, prosperity
spells, nature magic, lunar magic,
cleansing baths, abundance spells.*





LAMMAS



Lammas, also known as Lughnasadh, is typically celebrated on August 1st in the Northern Hemisphere, marking the halfway point between the summer solstice and the autumn equinox. In the Southern Hemisphere, Lammas is celebrated on February 1st, similarly marking the midpoint between the summer solstice and the autumn equinox for that region.

Themes & symbols

- Blessings:** Light
- Warmth:** Joy
- Celebration:** Fulfillment
- Abundance:** Life
- Fire:** The Sun
- Flowers:** Oak
- Seashells:** Nature
- Fireflies:** Fruit

How to celebrate

Lammas is the perfect time to celebrate the harvests of your hard work throughout the year. Feast upon the bounty of your efforts and take time to prepare for the rest of the year. Here are some activities to get you in the spirit:

- Bake bread
- Make a fire
- Prepare a feast
- Make a list of future goals
- Treat yourself with a gift
- Share food with loved ones



ALTAR DECORATIONS

barley, bread, dried corn ears, cornucopias, scythe, sunflower seeds, corn husk dolls, sun imagery
grains, nuts

CORRESPONDENCE

Colors:
bronze, green, gold, light brown, orange, yellow

Crystals:
citrine, golden topaz, lodestone, moss agate, obsidian, peridot,

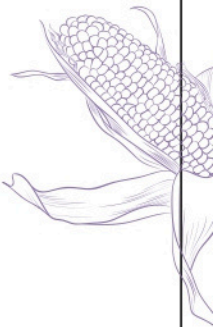
Animals:
calves, pigs, roosters, salmon, crows, horses

Herbs:
apples, basil, clover, goldenrod, heather, ivy, marigold, peony, poppy, rose, rosemary, vervain, sandalwood, frankincense

Deities:
Adonis, Ceres, Corn Mother, Demeter, Hermes, Lugh, John Barleycorn, Mercury, Osiris, Pomona

SPELL & RITUAL IDEAS

Good luck spells, prosperity spells, money bowls, fresh start spells, deity work, abundance rituals, bless & consecrate tools, group magic, scrying, divination, cleansing & protection.





SAMHAIN

Samhain, also known as Halloween, falls on October 31st in the Northern Hemisphere. In the Southern Hemisphere, it falls on April 30th or May 1st.



Themes & symbols

Blessings: Death

Introspection: Bats

Rebirth: Owls

Ancestors: Pumpkins

Rest: Cauldrons

Renewal: Scarecrows

Release: Apples

Spirit: The Moon

How to celebrate

Samhain is a time of transition and transformation, an opportunity to reflect on what you wish to let go of and invoke for the coming year. For those who work with ancestors, it's also a moment to honor them. Here are some activities to embrace the spirit of Samhain:

Establish an ancestor altar

Allow yourself to rest or take a nap

Engage in shadow work

Compile a list of goals for the new year

Create a list of things you're ready to release

Declutter your living space



ALTAR DECORATIONS

acorns, apples, black candles, brooms, pumpkins, cauldrons, leaves, berries, pomegranates, cat figurines, bat wings

CORRESPONDENCE

Colors:

black, gold, orange, purple, white, silver, green

Crystals:

aquamarine, bloodstone, carnelian, jet, obsidian, onyx, smoky quartz

Animals:

bats, black cats, owls, ravens, crows, spiders

Herbs:

allspice, calendula, chrysanthemum, nightshade, mandrake, mint, nutmeg, rosemary, sage, thistle, wormwood, nettle, hazel, benzoin

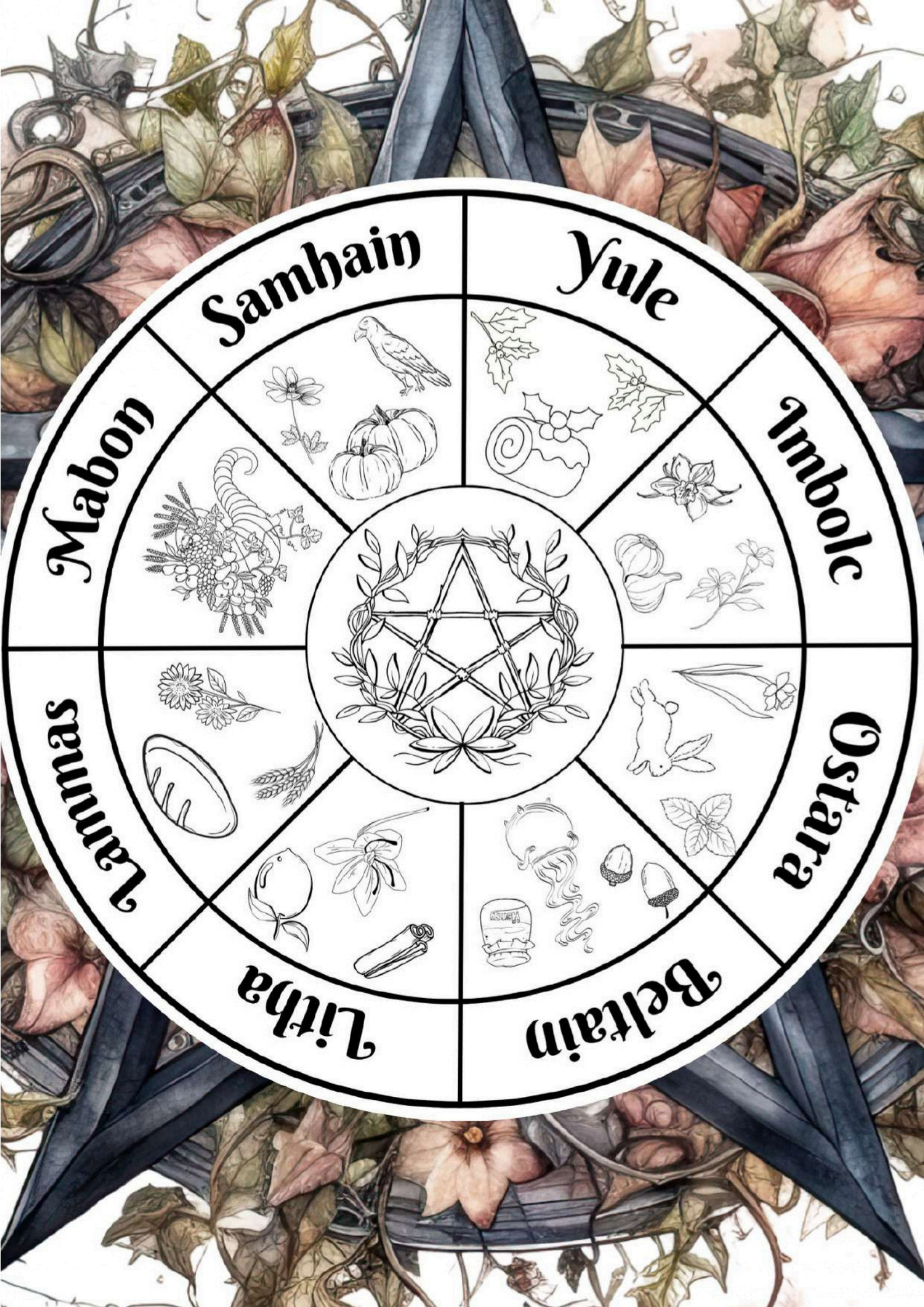
Deities:

Anubis, Arawn, Baba Yaga, Cerridwen, Crone Goddesses, Freya, Hecate, Hel, Kali, Lilith, Morrigan,



SPELL & RITUAL IDEAS

Release rituals, warding & banishing, spirit contact, divination, sex magic, work with the fae, bone throwing, nature magic, candle spells, jar spells, baneful magic, group magic, animal magic.



Samhain

Yule

Imbolc

Ostara

Beltain

Litha

Lammas

Mabon

